# **Research Article**

# **Prediction of Normal Bone Anatomy for the Planning of Corrective**

# **Osteotomies of Malunited Forearm Bones Using a Three-Dimensional**

**Statistical Shape Model** 

Flavien Mauler, MD(1), Christoph Langguth, PhD(2), Andreas Schweizer, MD(1),

Lazaros Vlachopoulos, MD(3), Tobias Gass, PhD(4), Marcel Lüthi, PhD(2), Philipp

## Fürnstahl, PhD(3)

(1) Department of Orthopaedics, Balgrist University Hospital, University of Zurich, Zurich, Switzerland

(2) Department of Mathematics and Computer Science, University of Basel, Basel, Switzerland

(3) Computer Assisted Research & Development Group, Balgrist University Hospital, University of Zurich, Zurich, Switzerland

(4) Computer Vision Laboratory, ETH Zurich, Zurich, Switzerland

Corresponding author: Flavien Mauler Department of Orthopaedics, Balgrist University Hospital, University of Zurich, Zurich, Switzerland Phone: +4176 507 50 74 E-mail: flavien.mauler@gmail.com

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Authors' contributions:

FM, AS, LV, and PF designed the study. FM and PF wrote the manuscript. FM, CL, TG, ML, and PF acquired and processed the data. All authors discussed the results and interpretation of data, and commented the manuscript al all stages.

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### ABSTRACT

Corrective osteotomies of the forearm based on 3D computer simulation using contralateral anatomy as a reconstruction template is an approved method. Limitations are existing considerable differences between left and right forearms, and that a healthy contralateral anatomy is required. We evaluated if a computer model, not relying on the contralateral anatomy, may replace the current method by predicting the pre-traumatic healthy shape. A statistical shape model (SSM) was generated from a set of fifty-nine CT scans of healthy forearms, encoding the normal anatomical variations. Three different configurations were simulated to predict the pre-traumatic shape with the SSM (cross-validation). In the first two, only the distal or proximal 50% of the radius were considered as pathological. In a third configuration, the entire radius was assumed to be pathological, only the ulna being intact. Corresponding experiments were performed with the ulna. Accuracy of the prediction was assessed by comparing the predicted bone with the healthy model. For the radius, mean rotation accuracy of the prediction between 2.9±2.2° and 4.0±3.1° in pronation/supination, 0.4±0.3° and 0.6±0.5° in flexion/extension, between  $0.5\pm0.3^{\circ}$  and  $0.5\pm0.4^{\circ}$  in radial-/ulnarduction. Mean translation accuracy along the same axes between 0.8±0.7 and 1.0±0.8mm, 0.5±0.4 and 0.6±0.4mm, 0.6±0.4 and 0.6±0.5mm, respectively. For the ulna, mean rotation accuracy between 2.4±1.9° and 4.7±3.8° in pronation/supination, 0.3±0.3° and 0.8±0.6° in flexion/extension,  $0.3\pm0.2^{\circ}$  and  $0.7\pm0.6^{\circ}$  in radial-/ulnarduction. Mean translation accuracy between  $0.6\pm0.4$  mm and  $1.3\pm0.9$  mm,  $0.4\pm0.4$  mm and  $0.7\pm0.5$  mm,  $0.5\pm0.4$  mm and 0.8±0.6mm, respectively. This technique provided high accuracy, and may replace the current method, if validated in clinical studies. This article is protected by copyright. All rights reserved

Keywords: Forearm; Osteotomy; Three-Dimensional; Template; Statistical Shape

Model

#### INTRODUCTION

Malunion after fracture of the forearm bones may lead to pain, carpal and distal radioulnar joint instability, osteoarthritis, reduced range of motion and reduced grip strength (1-7). Corrective osteotomy is a surgical method to restore the normal bone anatomy that aims at improving function and reducing pain of the patient (1, 8, 9). Three-dimensional (3D) computer simulation based on computed tomography (CT) reconstructed bone models has proven to be an accurate and reliable method for the assessment of mutli-planar malunions of the forearm (10-17). In the 3D planning approach, bilateral CT scans of both forearms are acquired to generate 3D surface models of the pathological and the contralateral, healthy bone. The contralateral model is then mirrored and used for the quantification of the malunion and the subsequent simulation of the corrective osteotomy on the computer. Although contralateral-based osteotomy planning is an elegant and efficient approach, relying on the contralateral bone has substantial disadvantages. The approach can be applied only to patients which have a healthy contralateral bone, limiting the application to bilateral deformities that are commonly observed (18). Though even if a healthy contralateral bone is available, clinical studies have demonstrated considerable side-to-side differences between the left and right forearm within an individual (19, 20), which, consequently, can introduce errors in the preoperative plan. Moreover, relying on the contralateral CT increases the radiation to which the patient is exposed.

A 3D statistical shape model (SSM), encoding the anatomical variation of normal forearm bones, may have the potential to replace the contralateral-based planning approach by predicting the pre-traumatic healthy shape of the pathological bone. The

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purpose of this study was to evaluate how accurately the prediction of the anatomy can be performed with an SSM.

## **MATERIALS AND METHODS**

Institutional review board approval was obtained prior to the start of the study. The SSM was generated from a set of fifty-nine CT scans of healthy right and left forearm bones that were available in our institution. The image data had been acquired using a Philips Brilliance 40 CT device with an axial and in-plane resolution of 1 mm and 0.25x0.25 mm, respectively. Inclusion criteria were patients being eighteen years of age or older, who had undergone a CT scan of a healthy forearm. The segmentation of the forearm bones were performed automatically using a previously validated algorithm (21). 3D triangular surface models were generated from the segmented images using the marching cubes algorithm (22). Based on the 3D bone models a joint SSM of both forearm bones was computed with an in-house developed statistical model building algorithm, described and evaluated in a previous study (23). To eliminate variations due to different pro-supination pose, the pro-supination pose of all the models were normalized with respect to a reference model being in neutral position. This was achieved by separately aligning the ulna and radius using Procrustes alignment (24) to the respective bone in the reference. After alignment and prediction of the individual bone shapes, the bones were transformed back to their initial pose. In summary, the bone position was corrected, the prediction was done in a normalized pose, and then the bones were back-transformed to restore their initial pose.

#### **Prediction and Evaluation**

For the evaluation of the predictive power of the SSM, leave-one-out cross validation tests (25) were performed on the entire data set. That means, with respect to the radius experiments, that three regions of different size and location (herein after called configurations; see Fig. 1) of each radius of the data set were predicted by an SSM which was built from all other forearm bones in the database. The forearm which was not included in the SSM generation was used later as a ground-truth for evaluation of the accuracy of the prediction. The first two configurations  $R_d$  and  $R_p$  aimed at the prediction of only the distal 50% and proximal 50% of the radius, respectively. Although less relevant for osteotomy planning, we were also interested if the entire radius (configuration  $R_e$ ) can be sufficiently predicted by the SSM. Experiments  $U_d$ ,  $U_p$  and  $U_e$  were accordingly performed to predict the distal 50% of the ulna, the proximal 50% of the ulna, and the entire ulna respectively.

For the prediction, a Gaussian process regression method was applied, as described in (26). The main idea is that given the healthy surface regions of the radius and ulna (Fig. 1, green), Gaussian process regression finds the best matching shape to this given region within the set of shapes represented by the model. For example, if predicting region  $R_d$  of case 1, the SSM was built using cases 2-59. Thereafter, the (healthy) bone regions  $R_p$  and  $U_e$  were used by the SSM to predict  $R_d$ .

The leave-one-out tests (27) were performed for each of the six configurations  $R_e$ ,  $R_d$ ,  $R_p$ ,  $U_e$ ,  $U_d$ , and  $U_p$  and for all of the fifty-nine forearm bones, resulting in a total of 354 tests. For the quantification of the accuracy of the prediction, i.e., the deviation between predicted and original shape, we used two different measurement techniques that have been used previously in studies investigating contralateral differences of bone anatomy

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based on 3D models (20, 28-30). In the first technique (30), the model surfaces where discretized as dense point sets (sampled in 1 mm resolution), permitting to determine the distance for a given point on one model surface to the closest point on the other surface. The distance errors were then assessed by calculating mean and Hausdorff distances (29) between all points of the predicted region and the ground-truth bone.

In the second measurement method (20, 28) the difference between ground-truth and the predicted part was measured with a surface-registration method, permitting to quantify the differences between two 3D surfaces in all 6 degrees of freedom (3 translations and 3 rotations) according to an anatomical coordinate system. As illustrated in Fig. 2 for configuration  $U_e$  and  $R_d$ , the fitted SSM are separated by a simulated osteotomy plan (Fig. 2A and C), and aligned to the ground-truth surface (Fig. 2B and D). The relative transformation (20, 26) of the separated parts between their predicted (Fig. 2A and C) and ground-truth position (Fig. 2B and D) was then used as the error measure. The 3D rotational errors were described by 3 angles around a standardized coordinate system, which origin was set at the level of the osteotomy. The longitudinal axis of each bone (x-axis) corresponds to rotations in the transverse plane (pronation/supination), y-axis in the sagittal plane (flexion/extension) is directed toward the radial styloid for the radius, and parallel to the trochlear notch for the ulna. Z-axis in the frontal plane (ulnar-/radialduction) is perpendicular to the x- and y-axes, as shown in Fig. 3A and B. The 3D translation errors were expressed as a displacement vector with respect to the same coordinate system. The coordinate system was adapted in that way that a positive rotation around the defined axis defined for both sides of the radius and ulna a supination, flexion and radialduction, respectively. The preoperative planning software CASPA (Balgrist CARD AG, Zurich, Switzerland) was used for the simulations and accuracy measurements.

#### **Statistical Analysis**

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Continuous values were expressed in degrees and millimeters, means and SDs. ANOVA was applied for testing differences in rotation and translation accuracy of the prediction between the anatomical axes for each experiment  $R_e$ ,  $R_d$ ,  $R_p$ ,  $U_e$ ,  $U_d$ , and  $U_p$ . Post-hoc analysis was performed by applying Tukey's honest significant difference (HDS) method. A repeated measures ANOVA (within subject: experiments; between subject: axes) was conducted to investigate a difference in the prediction accuracy between  $R_e$ ,  $R_d$ , and  $R_p$ . Here, post-hoc analysis was performed with a paired t-test and Bonferroni adjustment. The same tests were applied for the ulna experiments  $U_e$ ,  $U_d$ , and  $U_p$ . Paired t-tests were used to evaluate whether the radius or the ulna can be predicted with less error. The significance level was set at P<0.05. For graphical visualization, Tukey boxplots were used with the end of the whiskers indicating the 1.5 interquartile range (IQR) of the lower and upper quartile.

#### RESULTS

Table 1 summarizes the accuracy of the prediction with respect to the average point-topoint distances between predicted and ground-truth model surfaces using the Euclidean and Hausdorff distance error measures. All configurations where only half of a bone was predicted  $(R_d, R_p, U_d, U_p)$  had average point-to-point distances below 1 mm. The configurations  $R_e$  and  $U_e$  had the greatest residual distance errors, with an average Euclidean distances of  $1.16 \pm 0.28$  mm and  $1.14 \pm 0.19$  mm, respectively.

In Table 2, the results of the accuracy evaluation obtained using the surface-registration method are given for each configuration. In Fig. 4 and Fig. 5, the variations of the prediction accuracy based on directed (signed) and undirected (absolute) measurement values, respectively, are displayed by box plots. In all experiments, the statistical tests showed for both the radius and ulna that the prediction error in pronation/supination was significantly greater compared to the one in flexion/extension and radial/ulnar deviation (P < 0.001). The prediction error in translation was also significantly greater along the pro-supination axis, but only in configurations  $R_e$ ,  $R_d$ , and  $U_e$ ,  $U_d$  (P < 0.001).

Statistical comparison of the prediction accuracy between the different configurations: The shape prediction was less accurate with respect to all 6 degrees of freedom (i.e., 3D rotation and translation) if the region that has to be predicted was larger, i.e., the prediction  $R_e$  of the entire radius was significantly less accurate (P < 0.03) compared to the configurations  $R_d$ , and  $R_p$ . The same trends were observed for the ulna (P < 0.04) except that no significant difference of the prediction error in translation along ulnar-/radialduction direction was observed between the ulna configurations (P = 0.33). Comparing the prediction accuracy of the proximal and distal radius (configuration  $R_d$  vs.  $R_p$ ), only the prediction error in rotation around the flexion-extension axis was significantly smaller (P = 0.03) for  $R_p$ . The prediction of the proximal ulna shape was significantly more accurate (P < 0.029) compared to the distal shape (configurations  $U_d$  vs.  $U_p$ ) for all axes of the coordinate system and for both the translation and rotation.

Prediction accuracy of the radius compared to the ulna: The prediction of the distal radius was also significantly better (P < 0.05) compared to the distal ulna (experiments  $R_d$  vs.  $U_d$ ), except for the translation along the flexion-extension axis (P = 0.052).

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Contrary, in the prediction of the proximal parts (experiments  $R_p$  vs.  $U_p$ ) the ulna shape was predictedted more accurately (P < 0.05) except for rotation around the flexion/extension axis (P = 0.3) and translation along the ulnar-/radialduction axis (P = 0.38). If the entire bone was predicted (experiments  $R_e$  vs.  $U_e$ ), a significant difference of the prediction accuracy was observed only in translation along the prosupination axis where the radius prediction performed better (P = 0.008).

#### DISCUSSION

The treatment of malunited forearm bones remains challenging, particularly due to the complex interaction between the proximal and distal radioulnar joints and the radiocarpal joint. The goal of surgical treatment is to re-establish the function through restoration of the normal anatomy. The currently preferred technique (10, 14, 15, 31), and probably the most reliable one (16), is computer assisted corrective osteotomy based on 3D preoperative planning. State-of-the art approaches still use the healthy contralateral anatomy as a 3D reconstruction template although it was recently shown by Vroemen et al. (20), or earlier by Bindra et al. (32) and Auerbach and Ruff (19), that substantial differences between the left and right forearm bones of an individual can occur. The increased radiation exposure caused by the CT-scanning of the contralateral side is another major limitation, especially in a young population in reproductive age.

The goal of this study was to investigate whether a SSM can be used as a representation of the pre-traumatic bone shape for 3D osteotomy planning. Based on findings of previous studies (33-35) and on our personal experience in performing corrective osteotomies of the forearm, an accuracy of the reduction of 1 mm with respect to the

bone length (ulnar variance), 2° with respect to the angulation (flexion/extension and radial-/ulnarduction), and 5° with respect to torsion are desirable. In the majority of post-traumatic malunion observed clinically only part of the bone shape is deformed. Therefore, we focused on the assessment of the prediction accuracy if only half of the bone is considered to be malunited (configurations  $R_d$ ,  $R_p$ ,  $U_d$ ,  $U_p$ ). In these experiments, the evaluation based on the distance measured showed that the shape can be predicted within an average accuracy of less than 1 mm with respect to the mean distance error. The SSM performed also better than the contralateral-based planning approach if comparing our results with the left-right differences described in previous studies. In experiments  $R_d$ , the present technique shows a mean prediction error in translation of 1.0 mm along the pro-supination axis, and mean errors of 2.9°, 0.6° and  $0.5^\circ$  in rotation around the pro-supination, flexion/extension, and radial-/ulnarduction axes, respectively. For the distal ulna, i.e. the experiments  $U_d$ , there was a mean prediction error in translation of 1.3 mm along the pro-supination axis, and mean errors of 4.9°, 0.8° and 0.7° in rotation around the pro-supination, flexion/extension, and radial-/ulnarduction axes, respectively. The model showed a higher error in prosupination, but in a range of  $<5^{\circ}$ , which does not impact on the forearm rotation (34). Vroemen et al. (20) investigated contralateral differences of healthy forearm bones in 3D. In their scatterplot, they reported a translation asymmetry between the left and right radius of an individual of up to 7.0 mm along the pro-supination axis, 3.5 mm along the flexion/extension-axis, and 1.5 mm along the ulnar-/radialduction-axis. Pointing out the importance of ulnar variance in the restoration of the normal anatomy (33), one can say that our SSM-based approach performs comparably well with respect to the translation error, considering our findings about the maximal translation error along the longitudinal axis of 3.4 mm and 3.6 mm for the radius  $(R_d)$  and ulna  $(U_d)$ ,

respectively. Bindra et al. (30) found a mean rotational difference around the pro-/supination axis between paired side-to-side radius of 4.9°. Dumont et al. (32) have also emphasized the importance of the torsional component in radius and ulna malunions. Vroemen et al. (20) studied only the distal radius, and reported a torsional asymmetry between the left and right healthy distal radius of up to  $12^{\circ}$  for the pro-/supination, while we have observed a maximal error for the distal radius ( $R_d$ ) of only 10.8° if using the SSM as a reconstruction template. Nevertheless, the prediction of our SSM is less accurate in pro-supination compared to the other anatomical planes.

Less frequently treated by computer assisted osteotomy are, in our experience, deformities where the entire bone is deformed. One application may be treatment of congenital deformities caused by birth defects. Therefore, we were also interested in evaluating the accuracy of our approach if the the entire bone shape must be predicted. Here, we observed higher errors particularilly in pro-supination direction. However, it is obvious that the error around the longitudinal axis is greater compared to the other configurations, because radius and ulna do not have the same torsional twist.

This study is limited by the fact that the SSM method was compared to the current stateof-the-art only by using historical data from previous studies. However, bilateral CT scans of healthy subjects would have been required to conduct a direct comparison of the contralateral anatomy within the same population. Furthermore, the present study did not predict simultaneous both bones deformity, and the possibility of an error accumulation which could happen in this setting could not be tested. Despite this limitation, the novel technique proposed here provided promising results, similar to those reported about the contralateral-based 3D planning technique, which may be sufficiently accurate for the 3D planning of a corrective osteotomy, especially when predicting only the distal or proximal half of the bone. The technique may be also helpful when the forearm bones of both sides are pathological. Furthermore, the workflow of the preoperative assessment can be simplified, because the contralateral limb is often acquired in a separate radiological examination, which may be weeks after the first consultation.

We strongly believe that the developed method has the potential to replace the current contralateral-based preoperative planning method of corrective osteotomies of the forearm, but further studies are required to evaluate the clinical outcome of corrective osteotomies which are based on 3D preoperative planning using SSM.

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#### 1 **TABLES**

2

Table 1. Distances between the surfaces of the reconstructed and original (ground-truth)

Experiment	Average of Mean	SD of Mean	Average of HD	SD of HD	
	Distances (mm)	Distances (mm)	Distances (mm)	Distances (mm)	
R <sub>e</sub>	1.16	0.28	4.96	1.72	
R <sub>d</sub>	0.71	0.10	3.34	1.18	
R <sub>p</sub>	0.71	0.09	2.69	0.71	
U <sub>e</sub>	1.14	0.19	4.74	1.06	
U <sub>d</sub>	0.78	0.10	3.51	0.99	
Up	0.82	0.10	3.83	0.99	
5					

4 models using Euclidean and Hausdorff (HD) distance metrics.

6 Table 2. Mean values and standard deviations  $(\pm)$  of the rotation and translation 7 accuracy of the prediction.

	Rotation (°)			Translation (mm)		
	Pronation/	Flexion/	Ulnar-/	Proximal/	Radial/	Palmar/
	Supination	Extension	Radialduction	Distal	Ulnar	Dorsal
$R_e$	$6.5\pm5.2$	$2.5 \pm 1.8$	1.7±1.4	3.0±2.4	$0.8\pm0.6$	1.0±0.7
$R_d$	$2.9 \pm 2.2$	0.6±0.5	0.5±0.4	1.0±0.8	$0.5\pm0.4$	0.6±0.5
$R_p$	4.0±3.1	0.4±0.3	0.5±0.3	$0.8\pm0.7$	0.6±0.4	0.6±0.4
Ue	6.7±4.8	2.1±1.6	1.9±1.4	2.0±1.6	0.9±0.6	1.1±0.8
$U_d$	4.7±3.8	0.8±0.6	0.7±0.6	1.3±0.9	0.7±0.5	0.8±0.6
$U_p$	$2.4 \pm 1.9$	0.3±0.3	0.3±0.2	0.6±0.4	0.4±0.4	0.5±0.4

The errors are given with respect to the axes of the anatomical coordinate system. Mean values and standard

deviations were calculated from the absolute (unsigned) measurement values.

#### **FIGURE LEGENDS**

## Figure 1:

Illustration of the leave-one-out experiments for radius, assuming that the ulna and the proximal radius are healthy in the experiment  $R_d$ . In the experiment  $R_p$ , the distal radius and the ulna are healthy. In the experiment  $R_e$ , only the ulna is considered healthy, and the all radius is considered pathological. The same experiments  $U_d$ ,  $U_p$ ,  $U_e$  were performed for the ulna, respectively.

## Figure 2:

The fitted SSM are separated by a simulated osteotomy plan (A and C for configuration  $U_e$  and  $R_d$ , respectively), and aligned to the ground-truth surface (B and D). The relative transformation of the separated parts between their predicted (A and C) and ground-truth position (B and D) was then used as the error measure.

## Figure 3:

Representation of the anatomical coordinate system for radius (A) and ulna (B). Rotation around the x-axis (red) corresponds to a correction in the transverse plane (pronation/supination), rotation around the y-axis (green) in the sagittal plane (flexion/extension), and z-axis (blue) in the frontal (ulnar-/radialduction). The coordinate system was adapted in that way that a positive rotation around the defined axis defined for both sides of the radius and ulna a supination, flexion and radialduction, respectively.

# Figure 4:

Box-plots showing the accuracy of the prediction (signed) of the SSM with respect to (A) rotation error of the radius, (B) rotation error of the ulna, (C) translation error of the radius, and (D) translation error of the ulna. The errors are given with respect to the axes of the anatomical coordinate system.

# Figure 5:

Box-plots showing the accuracy of the prediction (unsigned) of the SSM with respect to (A) rotation error of the radius, (B) rotation error of the ulna, (C) translation error of the radius, and (D) translation error of the ulna. The errors are given with respect to the axes of the anatomical coordinate system.



Figure 1

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Figure 2





Figure 3



Figure 4



Figure 5